



OUR PACKAGES

35 WEEKS - BIRTH

INITIAL CONSULTATION (MEET & GREET)

AT HOME 'ARE YOU READY'

BIRTH PREPARATION

BIRTH PLANNING

3D ULTRASOUND SCAN

MUMMTY TUMMY FACIAL

LABORTENS DEMONSTRATION & HIRE

SRC RECOVERY TIGHTS HIRE

SLEEP CONSULTANT 1:1

BIRTH - 45WEEKS

HOME VISIT WITHIN 7DAYS

BREASTFEEDING SUPPORT SESSION

6 WEEK POSTNATAL PHYSIO CHECK

PLANNING YOUR FIRST 6WEEKS

PLACENTA ENCAPSULATION

SLEEP CONSULTANT 1:1

24/7 ONGOING EMAIL/PHONE SUPPORT

PRICING:

PACKAGE 1

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- ADD ON
- ADD ON
- ADD ON
- ADD ON
- ADD ON

\$800

PACKAGE 2

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- ADD ON
- ADD ON
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- ADD ON
- ADD ON

\$1595

PACKAGE 3

ALL INCLUSIVE

\$1850